

PRAYER FOR DIVINE HEALTH

January 22, 2010

Father, I thank You that on Calvary Jesus took on all my sicknesses and diseases...

Thank You for allowing Your Son to take my place when He died for my sins. I praise You for sending Your Son, Jesus, who paid the price for my soul. I commit to walk in the revelation of what He did so that I will experience divine health.

I negate the ability of the enemy to send negativity to my mind about my health. As I think, I am! I decree that I am healed, I am whole, and I am walking in supernatural divine health in the name of Jesus. I will walk in divine health all the days of my life. No weapon of infirmity and sickness will prosper against me and any attacks on my health will be minor and temporary.

Father, help me to understand the importance of exercising regularly. I bind the spirits of laziness and procrastination that keep me from exercising regularly. Obesity is broken off my bloodline and excessive weight gain is not an option. I speak in the revelation of the fact that *my body is the temple of the Holy Ghost*. I will not put anything in it, on it, or around it that would grieve the Holy Spirit of God.